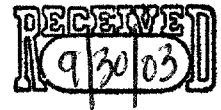




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COPY



September 15, 2003

Director
Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204

SENT VIA CERTIFIED MAIL – RETURN RECEIPT REQUESTED
ARTICLE #: 7099 3400 0016 4139 9775

RE: Night Time

Dear Sir / Madam:

This is a 30-day notification of a statement of nutritional support for a dietary supplement. The product name is **Night Time**. The structure / function claims on all sizes and configurations of this product are identical. They are as follows:

Night Time is designed to help promote restful sleep, which is essential to recover physically and mentally from the demands of daily life. Melatonin plays an important role in supporting the body's cycles of sleep and rest. **Night Time** provides a low level of melatonin to gently promote relaxation and sleep, along with four standardized herbal extracts from nature's most soothing and relaxing botanicals: Valerian Root, Hops, Passion Flower and Chamomile. These herbs have been used in folk practices for centuries to help calm and support a restful night's sleep. We also include 5-HTP, for its support of serotonin levels and to help enhance sleep quality. Quality sleep is vital to how you feel each and every day because it is vital to support your body's natural recuperative and restorative processes. **Night Time** provides the nutrients and herbs to safely and naturally assist and support you in achieving the restful sleep you need.

Respectfully Submitted,

Dr Nancy Steely, ND
Director of Research

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